Speaker Introduction



Jeff Salzenstein is a former top-100 world-ranked tennis player, Stanford All-American, national champion, and team captain who now helps leaders, teams, and organizations unlock excellence and thrive through pressure without cracking like a cheap tennis racquet.

As a leadership speaker and executive performance coach, Jeff brings his Own Your Zone framework to high achievers, guiding them to build resilience and optimize performance and well-being.

Based in Denver, Colorado Jeff proudly roots for the Denver Nuggets and Denver Broncos, spends his hard earned money at Whole Foods, and plays pickleball over tennis, despite being judged harshly by his tennis buddies.

It's time to Own Your Zone. Let's give it up for Jeff Salzenstein!